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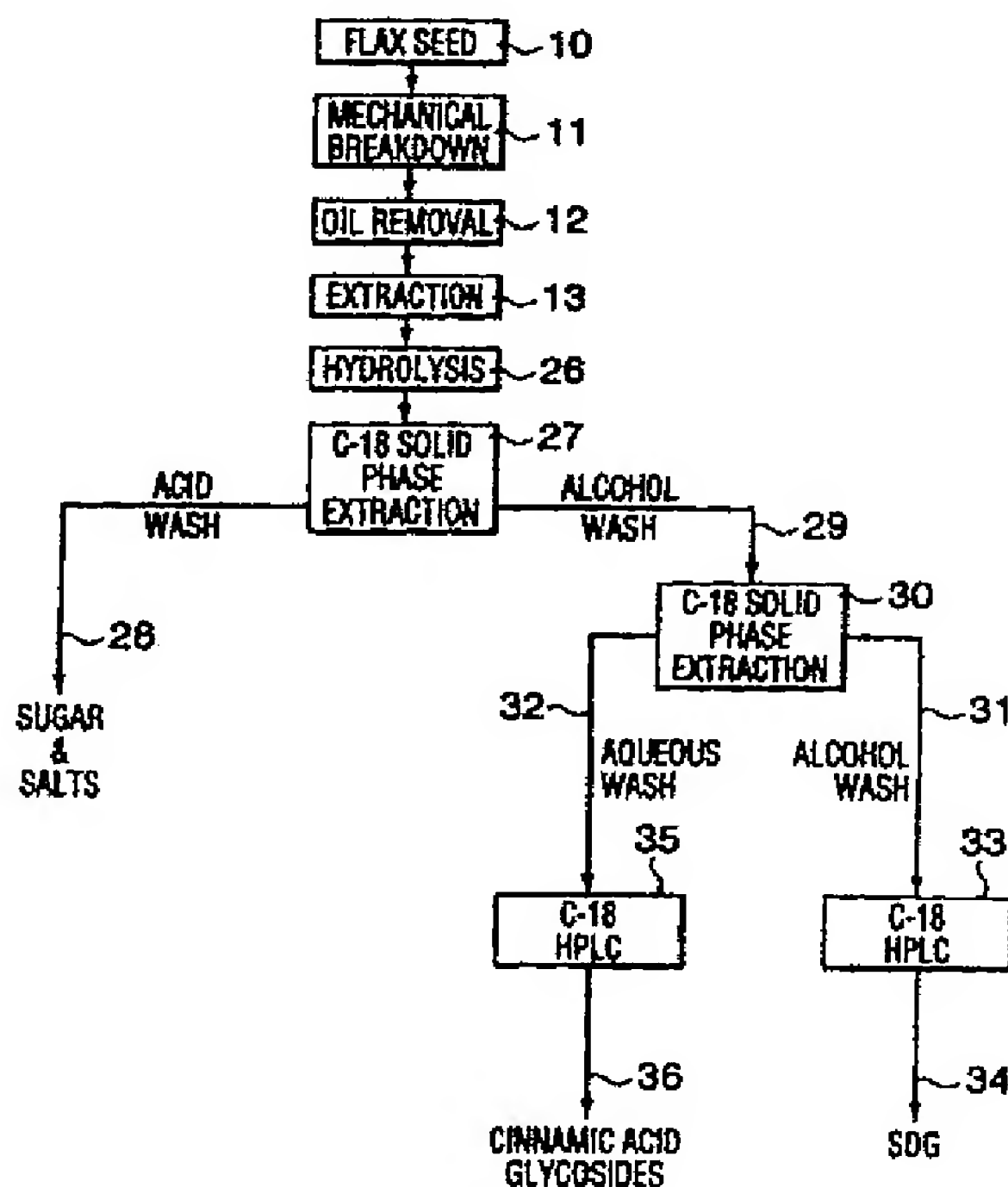
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(54) Title: PROCESS FOR EXTRACTING AND PURIFYING LIGNANS AND CINNAMIC ACID DERIVATIVES FROM FLAXSEED

## (57) Abstract

A process is described for extracting secoisolariciresinol diglycoside (SDG) and cinnamic acid derivatives from flaxseed which comprises contacting a substantially oil-free flaxseed meal with an aliphatic alcohol solvent, e.g. a mixture of methanol or ethanol with water, to extract phenolics comprising SDG and cinnamic acid derivatives into the alcohol solvent and separating residual solids from the phenolic-rich alcohol solvent. The phenolic-rich alcohol solvent is concentrated by removing solvent therefrom and the phenolic-rich extract obtained is subjected to a base-catalyzed hydrolysis to liberate lignans and cinnamic acid derivatives therefrom in a non-complexed form. Thereafter, the hydrolyzed extract is fractionated into a fraction containing SDG and a fraction containing cinnamic acid derivatives. Either or both of these fractions are then subjected to chromatographic separation to thereby obtain SDG and/or cinnamic acid derivatives at a purity of greater than 95 %.



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PROCESS FOR EXTRACTING AND PURIFYING LIGNANS AND  
CINNAMIC ACID DERIVATIVES FROM FLAXSEED

Technical Field

This invention relates to an improved process for extracting lignans and cinnamic acid derivatives from flaxseed.

5 Background Art

10 Flaxseed is presently grown for its oil content for use primarily as an industrial oil. In addition, flax is a rich source of fatty acids and has increasing uses in foods. Flaxseed suffers from the fact that the level of fatty acid unsaturation in the triglyceride oil is high and is subject to oxidative polymerization. The scientific literature contains an abundance of reports on the chemistry and physical properties of various components derived from  
15 flaxseed. For example, much is known about the feed value of expeller cake meal and its solvent extracted version. The industrial properties of linseed oil are legendary for use in linoleum and paint products. There are also a variety of reports available that  
20 describe the extraction and isolation of flaxseed polysaccharides and some suggested uses. Recently, there has been considerable interest shown in a class of minor compounds contained in flaxseed collectively referred to as lignans.

25 The lignans are generally cinnamic acid dimers containing a dibenzylbutane skeleton. When part of the human diet, certain lignans are believed to be converted into mammalian lignans known as enterolactone and enterodiol. In a study carried out  
30 by Thompson et al. (1991) "Mammalian lignan production from various foods", Nutr. Cancer 16: 43-52, 68 different primary foodstuffs were surveyed for their ability to produce mammalian lignans. The results

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revealed that on a per se basis, whole flaxseed flour and its defatted meal were the highest mammalian lignan producers, the meal and flour being 75 times higher than the next ranking entry, a seaweed, and over 100 times greater than most common foodstuffs. The principal lignan found in flaxseed is secoisolariciresinol diglycoside, referred to hereinafter as SDG.

Flaxseed also contains cinnamic acid derivatives which are distinct from the SDG. The principal cinnamic acid derivatives found in flaxseed are glycosides of p-coumaric acid, ferulic and caffeic acid.

There is considerable published evidence to indicate that lignans exhibit broad spectrum biological activities that include antitumor, antimitotic, antioxidant, antiviral, weak estrogenic and anti-estrogenic activities. Studies within the chemotherapy program of the National Cancer Institute in the United States indicate that certain of the lignans prevent the growth of tumors. Cinnamic acids have known antioxidant properties.

Thompson et al. (1994), "Anticarcinogenic effect of a mammalian lignan precursor from flaxseed", Proc. 55th Flax Institute of the U.S.A., Fargo, ND, 46-50, have studied the effects of SDG on tumorigenesis in rats. When fed in the diet at the promotion stages of tumor formation, SDG can significantly reduce the number of tumors per tumor-bearing rat or per number of rats in the group. At the later stages of mammalian tumorigenesis in rats, SDG can reduce the growth rate of established tumors and the size and number of new tumors formed. Although whole flaxseed or its ground counterpart can be incorporated into foods, the amount or level of usage is restricted by regulation. Furthermore, even if consumption were not

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regulated, the rather high oil content and the mucilage component of the flax would contribute to excessive caloric intake and excessive laxation respectively.

5           There are also significant quantities of cyanogenic glycosides present in flaxseed and there is concern regarding excessive consumption of these compounds, as described by Oomah et al. (1992) "Cyanogenic compounds in flaxseed", J. Agric. Food  
10 Chem. 40: 1346-1348. Thus, there is also a need to be able to obtain the desirable components of flaxseed without undesirable ones, such as the cyanogenic glycosides.

15           In a paper by Bakke and Klosterman entitled "A new diglycoside from Flaxseed", Proceedings of the N. Dakota Academy of Science 10: 18-22, (1956), a process is described for extracting SDG from defatted flaxseed using equal parts of 95% ethanol and 1,4-dioxane. Prior publications also refer to methanolysis of  
20           complexed SDG (a "polymer") and to the use of sodium or barium methoxide for methanolysis to release non-complexed SDG.

25           Harris and Haggerty in an article in Cereal Foods World 38: 147-151 (1993) describe the extraction of SDG from defatted flaxseed powder using supercritical fluid carbon dioxide as the extraction medium.

30           Even though there would appear to be very significant commercial uses for SDG, cinnamic acid glycosides and related derivatives in foods and medicines, the greatest problem has been that even though they have been known for more than 40 years, they are still essentially laboratory curiosities because they are available in only very small quantities. To date, no satisfactory commercial  
35           process has been developed for the extraction of lignans, and particularly SDG, from flaxseed. It is, therefore, the main object of the present invention to

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provide an improved process for extracting SDG and cinnamic acid glycosides from flaxseed which can make them available in not only in highly pure form and in large quantities, but also inexpensively.

5 Disclosure of the Invention

The present invention in its broadest aspect relates to a process for extracting lignans (SDG), cinnamic acid glycosides and related derivatives from flaxseed in which a substantially oil-free flaxseed meal is contacted with an aliphatic alcohol solvent to extract phenolics comprising the SDG and cinnamic acid glycosides into the alcohol solvent. Residual solids are then separated from the phenolic-rich alcohol solvent and the phenolic-rich solvent may then if desired, be concentrated by removing solvent therefrom. The phenolic-rich extract thus obtained is subjected to a base-catalyzed hydrolysis in either dry alcohol or an aqueous system to liberate lignans and cinnamic acid derivatives in a non-complexed form. The hydrolyzed extract thus obtained is further fractionated to obtain a fraction containing SDG and a fraction containing cinnamic acids. These fractions are then further purified, e.g. by chromatographic separation to recover SDG and/or cinnamic acid derivatives at a purity of at least 95%.

There are two fundamental process routes for carrying the extractions process of this invention. Thus, the phenolic-rich solvent may be subjected to the base-catalyzed hydrolysis in either an anhydrous alcohol system or in an aqueous alcohol system. The aqueous alcohol system has been found to be particularly advantageous because it is easier and cheaper to operate. It also has the additional unexpected advantage that it destroys the unwanted cyanogenic glycosides present in the flaxseed.



The hydrolyzed extract obtained from the dry alcohol is subjected to a liquid/liquid partition to further enrich the phenolics. The phenolic-rich solution from the aqueous hydrolysis is subjected to contact with an anion exchange resin, or a C-18 solid phase extraction resin, to further separate and enrich the phenolics (lignans and cinnamic acid derivatives). The thus enriched fractions are finally subjected to chromatographic separation to isolate SDG and cinnamic acid derivatives in powdered forms at purities of greater than 95%.

#### Best Modes For Carrying Out the Invention

The aliphatic alcohols used for the initial extraction may be selected from the group consisting of methanol, ethanol, propanol, isopropanol, butanol, etc. Although the alcohols themselves may be used, it has been found that a mixture of alcohol and water is surprisingly superior in its extraction capability. Alcohol mixed with up to 50% water gives the best blend for extraction. Thus, the minimum alcohol concentration is preferably at least 50% with an alcohol content of 55 to 75% being particularly preferred.

Methanol has been found to be the most effective solvent in terms of extraction efficiency. Aqueous ethanol is also highly effective and is preferred from considerations of safety to health and handling.

The alcohol solvent is preferably mixed with the flaxseed meal in a liquid to solids ratio in the range 2:1 to 50:1, with a range of 4 - 30:1 being particularly preferred. The contact time between the meal and the solvent system is typically in the range of 1 to 24 hours, with a range of 1 to 6 hours being preferred and a range of 1 to 4 hours being most preferred.

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While the extraction temperature is not critical, it is most commonly carried out at a temperature between 0°C and a temperature not exceeding the boiling point of the solvent system of choice. It has  
5 been found particularly convenient to carry out the extraction at temperatures between about 20° and 60°C

Following the extraction step, the slurry obtained is subjected to any suitable means of liquid/solid separation as known to those skilled in  
10 the art, such as centrifugation, screening, decantation, etc. The residual solids may be further washed with fresh solvent to maximize extraction and the combined liquors may then be filtered by means known to those skilled in the art to produce a liquor  
15 free of any suspended solids.

Assays of crude extracts have shown that neither SDG, cinnamic acid glycosides, or their corresponding alkyl esters are present in a free form. In order to isolate the SDG and cinnamic acid derivatives in good  
20 yield, it is necessary to subject the extract to a base-catalyzed hydrolysis. This hydrolysis may be of either anhydrous or aqueous form.

(a) Anhydrous system

For the anhydrous system, the extract is  
25 concentrated to remove solvent by any of a variety of means known to those skilled in the art, e.g. evaporation under reduced pressure, and dried to a generally anhydrous state which may be a thick, syrupy material, e.g. by a technique such as rotary  
30 evaporation, freeze-drying, drum drying, spray drying, etc. The hydrolysis may then be carried out using a dry alcohol, e.g. dry ethanol or methanol together with a hydrolyzing agent such as sodium methoxide and possibly barium methoxide. This hydrolyzing agent may  
35 be added in a typical amount of 0.06-2.5% w/v based on the total volume of liquid. This results in the liberation of lignan plus esters of the corresponding



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alcohol and other agents which can be difficult to remove. It has also quite surprisingly been found that triethylamine may be effectively used for hydrolysis, e.g. in amounts up to 1.25% w/v based on the total volume of liquid. While it may be possible to use organic amines other than triethylamine, it has been found that triethylamine has important advantages. Thus, it is a medium strength base with a boiling point sufficiently high as not to cause volatility problems during hydrolysis while still being sufficiently low to be removed by traditional evaporative procedures following hydrolysis.

The anhydrous alcohol hydrolysate is subjected to liquid/liquid partitioning and this can be conveniently carried out in a continuous extractor using an ethyl acetate/water solvent system with the ethyl acetate and water preferably being in a ratio in the range of about 1:1 to 7:1. Ethyl acetate is particularly preferred for this purpose because of its polarity. Thus, solvents with polarity below ethyl acetate are unable to effectively remove non-lignan substances from aqueous solutions, which is essential for effective subsequent chromatographic purification of SDG. The non-lignan substances removed in the ethyl acetate fraction may include valuable products including derivatives of cinnamic acid glycosides; e.g. methyl-coumarate 4-glycoside, methyl caffeate 4-glycoside, and methyl ferulate 4-glycoside.

Isolation of SDG at high purity is preferably accomplished by reverse-phase chromatography. Thus, the SDG-rich fraction from the liquid/liquid partitioning may be further purified by contacting a reverse-phase resin, e.g. a slurry or column of C-18 or C-8 reverse phase packing. Examples of the C-18 and C-8 reverse phase packing include Radial-Pak<sup>®</sup> C-18, Bondapak<sup>®</sup> C-18, Bondapak<sup>®</sup> C-8 and Nova-Pak<sup>®</sup> C-18, all available from Waters. After the SDG-rich eluant has

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contacted the resin, the resin is washed with a dilute acid, e.g. 1% acetic acid, to remove organic and inorganic substances and then eluted with acidic aqueous alcohol, e.g. 1% acetic acid in aqueous methanol, to provide an enriched SDG fraction.

(b) Aqueous system

For the aqueous base hydrolysis, the extract does not need to be in an anhydrous form and may be used in the form of a concentrated syrupy residue. The hydrolysis may also be performed in the aqueous alcohol extract without prior concentration of the extract. The base is usually selected from ammonium hydroxide, sodium hydroxide and potassium hydroxide, with sodium or potassium hydroxide being preferred. The concentration of the base is typically about 1 normal and it is preferably used in an amount of about 3-7% w/v. The hydrolysis is normally carried out over about 4 to 24 hours with the shortest possible hydrolysis time preferred. An additional benefit of this process is the destruction of the cyanogenic glycosides yielding an extract free of cyanogenic glycosides or free cyanide.

In one embodiment of the aqueous system, the aqueous base hydrolysate contains the SDG, together with other components including cinnamic acid derivatives, and this hydrolysate is contacted with an anion exchange resin. It is necessary to adjust the pH of the hydrolysate to the acidic range, e.g. about pH 3-7, preferably pH 4-6, before contacting the anion exchange resin. This can be done using any suitable inorganic or organic acid, such as hydrochloric acid, sulphuric acid, acetic acid, etc. However, acetic acid is preferred for this purpose.

The anion exchange is preferably carried out in an anion exchange chromatography column prepared in the acetate counterion form. Many different commercially available resins may be used, e.g. A-25

QAE Sephadex<sup>®</sup>, Q-Sepharose<sup>®</sup>, DEAE Sephadex<sup>®</sup>, or Dowex 1<sup>°</sup>. The acidified hydrolysate is applied to the column and then the column is eluted with water to elute the SDG and some organic and inorganic materials. Further elution of the column with acid, e.g. 50% acetic acid in 15% ethanol elutes acid components which may include valuable products, such as glycosides of cinnamic acids and other cinnamic acid derivatives, e.g. caffeic, ferulic and p-coumaric acid glycosides. When these cinnamic acid glycosides were converted into the corresponding methyl esters by the use of alkylating agents such as diazomethane, the methyl esters obtained proved to be identical to those obtained in the anhydrous hydrolysis procedure.

The column may be conveniently regenerated for use by means of aqueous sodium hydroxide followed by aqueous acetic acid and finally by water.

Isolation of SDG at high purity is accomplished by reverse-phase chromatography as described above for the liquid/liquid partitioning fraction. The aqueous eluate from the anion exchange column is further purified by contacting a reverse-phase resin, e.g. a slurry or column of C-18 or C-8 reverse phase packing as described above. After the SDG-rich eluant has contacted the resin, the resin is washed with a dilute acid, e.g. 1% acetic acid, to remove organic and inorganic substances and then eluted with acidic aqueous alcohol, e.g. 1% acetic acid in aqueous methanol, to provide an enriched SDG fraction.

In another embodiment of the aqueous system, the aqueous base hydrolysate is purified by solid phase extraction chromatography on C-18 reverse-phase resin. The solid phase extraction chromatography is preferably carried out on C-18 reverse-phase resin prepared in dilute aqueous organic acid at a pH of about 3-6, preferably about pH 3-4. This can be done with any organic acid, such as acetic acid, formic

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acid, etc; however, 1% acetic acid is preferred for this purpose. Although Preparative C-18 125Å resin available from Waters has been found to work well in the process, it is recognized that there are other commercial sources of C-18 resins that work equally well. The acidified hydrolysate is applied to the column and the column eluted with dilute organic acid. This can be done with any organic acid, such as acetic acid, formic acid, etc; however, 1% acetic acid is preferred for this purpose. The SDG and other valuable products including the cinnamic acid glycosides are retained on the column and recovered by elution with alcohol, e.g. methanol or ethanol.

The SDG can be further separated from the other valuable products in the solid phase extraction alcohol eluate by an additional solid phase extraction chromatography step. The alcohol eluate is concentrated to the aqueous phase by any of a variety of means known to those skilled in the art, e.g. evaporation under reduced pressure. This weakly acidic residue is adjusted to pH 7 with base, e.g. sodium hydroxide and contacted with solid phase extraction C-18 reverse-phase resin equilibrated in water. The column or resin slurry is washed with water and dilute aqueous alcohol e.g. less than 10% aqueous methanol or ethanol, to yield a fraction rich in cinnamic acid glycosides. The column or resin slurry is further washed with alcohol, e.g. greater than 50% methanol or ethanol, with greater than 80% alcohol being preferred, to yield a fraction rich in SDG.

The enriched SDG solutions, including the SDG rich alcohol fraction from the solid phase extraction chromatography, may then be further processed by preparative high pressure liquid chromatography (HPLC), for example using a C-18 reverse-phase column support and an elution system consisting of

5 water/acidic acid/methanol under gradient conditions of 100% aqueous acidic acid to 40% aqueous acidic acid/60% methanol. The SDG thus eluted was found to be purified to a level of greater than 95% in terms of physical, spectral and structural analysis consistent with known literature values.

10 The cinnamic acid glycoside methyl ester rich fraction from the liquid/liquid partitioning, and the cinnamic acid glycoside rich fractions from anion exchange and solid phase extraction processes may be further processed by preparative HPLC on reverse-phase resin using aqueous acetic acid/methanol gradients as for SDG, to obtain eluates with purity levels greater than 95%.

15 Employing the aqueous base hydrolysis strategy as a screening tool, it has been possible to detect the flaxseed lignan, SDG, in amounts of up to 30 mg per gram of defatted flaxseed. This represents up to a 10 fold increase in concentration over previously known techniques as described in the published literature.

20 Brief Description of the Drawings

In the drawings which illustrate the present invention:

25 Fig. 1 is a flowsheet of one embodiment of the process;

Fig. 2 is a flowchart of a further embodiment of the process;

Fig. 3 is a chromatogram of a triethylamine hydrolysate of an alcoholic extract of flaxseed meal;

30 Fig. 4 is a chromatogram of a sodium hydroxide hydrolysate of an alcoholic extract of flaxseed meal;

Fig. 5 is a chromatogram of the aqueous (SDG) fraction after ethyl acetate extraction of triethylamine hydrolysate;

35 Fig. 6 is a chromatogram of the ethyl acetate fraction after ethyl acetate extraction of triethylamine hydrolysate;

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Fig. 7 is a chromatogram of the aqueous (SDG) wash after anion exchange of the sodium hydroxide hydrolysate;

5 Fig. 8 is a chromatogram of the alcoholic wash after anion exchange of the sodium hydroxide hydrolysate;

Fig. 9 is a chromatogram of SDG after HPLC purification;

10 Fig. 10 is a chromatogram of the alcohol eluate from the solid phase extraction C-18 treatment of the aqueous sodium hydroxide hydrolysate;

15 Fig. 11 is a chromatogram of the cinnamic acid glycoside fraction recovered from the second solid phase extraction C-18 treatment of the aqueous sodium hydroxide hydrolysate;

Fig. 12 is a chromatogram of the SDG enriched fraction recovered from the second solid phase extraction C-18 treatment of the aqueous sodium hydroxide hydrolysate;

20 Fig. 13 is a chromatogram of p-coumaric acid 4-glycoside after HPLC purification;

Fig. 14 is a chromatogram of methyl-coumarate 4-glycoside after HPLC purification;

25 Fig. 15 is a chromatogram of ferulic acid 4-glycoside after HPLC purification and

Fig. 16 is a chromatogram of methyl ferulate 4-glycoside after HPLC purification.

30 As shown in Figure 1, a supply of flaxseed 10 is mechanically broken down by grinding, flaking or pressing 11 and oil is removed 12. The oil-free meal is then fed to an extraction vessel 13 where it is contacted with aqueous alcohol. The extract obtained is then either fed via line 14a to an anhydrous system or via line 14b to an aqueous system.



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In the anhydrous system, the extract 14a is preferably concentrated by removing alcohol to a generally anhydrous state and then fed to a hydrolysis vessel 15 where it is hydrolyzed with triethylamine in dry alcohol. The hydrolyzate obtained is subjected to liquid/liquid separation in a separation vessel 16 using an organic/water solvent system. An organic fraction 17 is obtained containing cinnamic acid derivatives and an aqueous fraction 18 is obtained containing SDG. This SDG-containing fraction is further purified by contacting a reverse phase resin 19 followed by high pressure liquid chromatography (HPLC) 20. The eluate 21 contains SDG at a purity of greater than 95%. In the aqueous system, the extract 14b is fed to a hydrolysis vessel 22 where it is hydrolyzed with sodium hydroxide in aqueous alcohol. The hydrolyzate obtained is passed through an anion exchange chromatography column 23. This column 23 is eluted with water to remove an SDG-containing eluate 24. This eluate was then passed through a reversed phase chromatography column 19 followed by HPLC 20. The eluate 21 contains SDG at a purity of greater than 95%.

The column 23 is also eluted with alcohol to obtain an alcohol eluate 25 containing cinnamic acid glycosides at a purity of greater than 95%.

Figure 2 shows an alternative flow sheet in which the initial steps including the extraction 13 are carried in the same manner as in Figure 1. The extract obtained is fed to a hydrolysis vessel 26 in which it is hydrolyzed with sodium hydroxide in aqueous alcohol. The aqueous-base hydrolyzate is contacted with C-18 reverse phase resin 27. Salts and sugars 28 are removed from the resin by elution with an acid solution. The resin is also eluted with

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alcohol to obtain an alcohol eluate 29. This eluate 29, which is reduced to the aqueous phase is then contacted with a further C-18 reverse-phase resin column 30, which is eluted with water and dilute alcohol. The aqueous eluate is passed through a C-18 HPLC 35 and an eluate 36 is obtained containing cinnamic acid glycosides. The alcohol eluate 31 is passed through a C-18 HPLC 33 and eluate 34 is obtained containing SDG at a purity of greater than 95%. The invention is further illustrated by the following non-limiting examples.

#### Example 1

Substantially oil-free flaxseed meal was obtained from CanAmera Foods (Attona, MB.). This meal had been commercially crushed and solvent extracted. A 0.5 kg sample of meal was extracted at room temperature by intermittent slurrying with a mixture of 70% methanol and 30% water in a liquid:solids ratio of 6:1. After 24 hours the suspension was filtered and the extract was evaporated under reduced pressure to produce a syrupy concentrate which was further dried to form a dry extract. The dried extract was then subjected to a base-catalyzed hydrolysis using triethylamine in anhydrous methanol in a ratio of 1:100.

The hydrolysate that was obtained from triethylamine catalysis was then subjected to liquid/liquid partitioning using ethyl acetate/water in the ratio 4:1. The ethyl acetate phase containing methyl esters and other ethyl acetate solubles was concentrated under reduced pressure, and the aqueous phase containing SDG was freed of ethyl acetate by concentration under reduced pressure. The SDG containing fraction was further purified by contacting C-18 reverse-phase resin packed in a low pressure column. After the SDG containing fraction had contacted the resin, the column was washed with an

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aqueous solution of 1% acetic acid in 30% methanol to remove a SDG enriched fraction that was concentrated under reduced pressure. The purity of SDG as greater than 60% by weight.

5           The SDG separated fraction was then subjected to preparative scale high pressure liquid chromatography (HPLC) using a column packed with C-18 reverse phase resin, e.g. Radial-Pak<sup>®</sup> C-18 packing (Waters Chromatography). The eluting system consisted of  
10       water/acetic acid/methanol under gradient conditions of 100% aqueous acetic acid to 40% aqueous acetic acid/60% methanol. The eluants contained SDG at a purity of greater than 95%. The SDG was recovered from the eluate by concentration under reduced  
15       pressure and finally obtained as a dry powder by freeze-drying.

          Fig. 3 shows a chromatogram for a triethylamine hydrolyzate, Fig. 5 shows a chromatogram of the aqueous phase after ethyl acetate extraction, Fig. 6  
20       shows the ethyl acetate phase of the extraction, while Fig. 9 shows a chromatogram of the purified SDG. Fig. 14 shows a chromatogram of purified methyl coumarate 4-glycoside, while Fig. 16 shows a chromatogram of purified methyl ferulate 4-glycoside  
25       recovered from the ethyl acetate fraction. These show the effectiveness of the ethyl acetate extraction and reverse-phase resins in separating SDG from co-extractives thereby simplifying the isolation and purification.

30       Example 2

          Substantially oil-free flaxseed meal was obtained from CanAmera Foods (Attona, MB.). This meal had been commercially crushed and solvent extracted. A 0.5 kg sample of meal was extracted at room temperature by  
35       intermittent slurrying with a mixture of 70% methanol

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and 30% water in a liquid:solids ratio of 6:1. After 24 hours the suspension was filtered and the extract was evaporated under reduced pressure to produce a syrupy concentrate.

5           The concentrate was then subjected to base-catalyzed hydrolysis using sodium hydroxide in water in a ratio of 5:100. The pH of the hydrolysate that was obtained from sodium hydroxide hydrolysis was adjusted to 5 using acetic acid and the aqueous phase  
10       so obtained contacted A-25 QAE Sephadex anion exchange resin in a column prepared in the acetate counterion form. Thereafter, the column was eluted with water to elute the SDG and unspecified organic and inorganic substances. The column was then further eluted with  
15       50% acetic acid in 15% ethanol, to obtain an eluate containing acid components, including the glycosides of caffeic, ferulic acid and p-coumaric acid, and other cinnamic acid derivatives.

          The SDG containing fraction was further purified  
20       using C-18 reverse-phase resin in the same manner as in Example 1. The SDG enriched fraction thus obtained was then subjected to preparative scale high pressure liquid chromatography using a column packed with C-18 reverse-phase resin in the same manner as in Example  
25       1, to obtain eluates containing SDG at a purity of greater than 95%.

          Fig. 4 shows a chromatogram for an aqueous sodium hydroxide hydrolysate, Fig. 7 shows a chromatogram of the aqueous (SDG) wash after anion exchange  
30       chromatography of the sodium hydroxide hydrolysate, while Fig. 9 shows a chromatogram of the purified SDG after HPLC purification. Fig. 13 shows a chromatogram of purified p-coumaric acid 4-glycoside, while Fig. 15 shows a chromatogram of purified ferulic acid

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4-glycoside. These show the effectiveness of the anion exchange and reverse-phase resins in separating SDG from co-extractives thereby simplifying the isolation and purification.

5     Example 3

Substantially oil-free flaxseed meal was obtained from CanAmera Foods (Attona, MB.). This meal had been commercially crushed and solvent extracted. A 2 kg sample of meal was extracted at room temperature with stirring with a mixture of 50% ethanol (w/v) in a liquid:solids ratio of 6.25:1. After 4 hours the suspension was filtered and the solids re-extracted with an additional 15L of 50% ethanol (w/v). The combined extract was evaporated under reduced pressure to produce a syrupy concentrate.

The concentrate was then subjected to base-catalyzed hydrolysis using sodium hydroxide in water in a ratio of 5:100. The pH of the hydrolysate was adjusted to 3 to 4 using acetic acid and the aqueous phase so obtained was contacted with a reverse-phase C-18 resin, e.g. Preparative C-18 125Å (Waters Corporation), equilibrated in 1% acetic acid. Thereafter the resin was washed with 1% acetic acid to remove sugars, salts and unspecified organic and inorganic substances. The resin was further eluted with methanol or ethanol to recover a fraction enriched in SDG and cinnamic acid glycosides.

The SDG containing fraction was further purified by neutralizing the fraction to pH 6-7 with sodium hydroxide pellets or 50% w/v sodium hydroxide, and concentrating the fraction to the aqueous phase. The SDG containing fraction was contacted with a reverse-phase C-18 resin, e.g. Preparative C-18 125Å (Waters Corporation), equilibrated in water. Thereafter the

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resin was washed sequentially with water and dilute aqueous alcohol to recover the cinnamic acid glycosides. The resin was further eluted with methanol or ethanol to recover a fraction enriched in  
5 SDG.

The SDG enriched fraction thus obtained was then subjected to preparative scale high pressure liquid chromatography using a column packed with C-18 reverse-phase resin in the same manner as in Example  
10 1, to obtain eluates containing SDG at a purity of greater than 95%.

Fig. 10 shows a chromatogram of the alcohol eluate recovered from the first solid phase extraction treatment of an aqueous sodium hydroxide hydrolysate,  
15 Fig. 11 shows a chromatogram of the cinnamic acid glycosides present in the water wash of the second solid phase extraction treatment, Fig. 12 shows the SDG enriched alcohol fraction from the second solid phase extraction treatment, while Fig. 8 shows a  
20 chromatogram of the purified SDG after HPLC purification. Fig. 13 shows chromatogram of purified p-coumaric acid 4-glycoside, while Fig. 15 shows a chromatogram of purified ferulic acid 4-glycoside. These show the effectiveness of the solid phase  
25 extraction treatment and reverse-phase resins in separating SDG and the cinnamic acid glycosides from co-extractives thereby simplifying the isolation and purification.

In the above examples, the chromatograms of  
30 Figures 2-7 were obtained on a Hewlett Packard analyzer, while those of Figures 8-16 were obtained on a Waters analyzer.

#### Industrial Applicability

The invention can be used as a large scale  
35 industrial process for extracting valuable components from flaxseed in commercial quantities.



Claims:

1. A process for extracting secoisolariciresinol diglycoside (SDG) and/or cinnamic acid derivatives from flaxseed which comprises contacting a  
5 substantially oil-free flaxseed meal with an aliphatic alcohol solvent to extract phenolics comprising SDG and cinnamic acid derivatives into the alcohol solvent, separating residual solids from the phenolic-rich alcohol solvent, subjecting the phenolic-rich  
10 alcohol extract obtained to a base-catalyzed hydrolysis to liberate SDG and cinnamic acid derivatives therefrom in a non-complexed form, fractionating the hydrolyzed extract into a fraction containing SDG and a fraction containing cinnamic acid  
15 derivatives and subjecting either or both said fractions to chromatographic separation to thereby obtain SDG and/or cinnamic acid derivatives at a purity of greater than 95%.
2. A process according to claim 1 wherein the  
20 aliphatic alcohol solvent is a mixture of said alcohol and water, preferably containing at least 50% by weight of alcohol.
3. A process according to claim 2 wherein the alcohol is methanol or ethanol.
- 25 4. A process according to claim 1 wherein the phenolic-rich alcohol solvent is concentrated by removal of solvent so as to obtain a phenolic extract in dry form.
- 30 5. A process according to claim 4 wherein the base-catalyzed hydrolysis is carried out by slurrying the dried extract in anhydrous ethanol or methanol and in the presence of sodium alkoxide or triethylamine.

- 20 -

6. A process according to claim 4 wherein phenolic extract in anhydrous form is subjected to liquid/liquid partition, e.g. using an ethyl acetate/water system.
- 5 7. A process according to claim 6 wherein the lignan-rich fraction from the liquid/liquid partition is further enriched in SDG by contacting with a reverse phase resin.
- 10 8. A process according to claim 1 wherein the phenolic-rich alcohol extract is concentrated by removal of solvent to form a syrupy concentrate.
- 15 9. A process according to claim 8 wherein the base-catalyzed hydrolysis is carried out by mixing the concentrate with aqueous alkali metal hydroxide, e.g. sodium or potassium hydroxide, or ammonium hydroxide.
- 20 10. A process according to claim 9 wherein the aqueous base hydrolysate obtained containing SDG is contacted with an anion exchange resin, after which the resin is eluted with water to elute the SDG together with some organic and inorganic materials.
11. A process according to claim 10 wherein the aqueous base hydrolyzate is neutralized to a pH in the range 3-7, preferably 4-6, before contacting the anion exchange resin.
- 25 12. A process according to claim 11 wherein the eluate containing SDG is further enriched in SDG by contacting with a reverse-phase resin, after which the resin is eluted with a dilute acid/alcohol gradient to obtain SDG at a purity greater than 95%.

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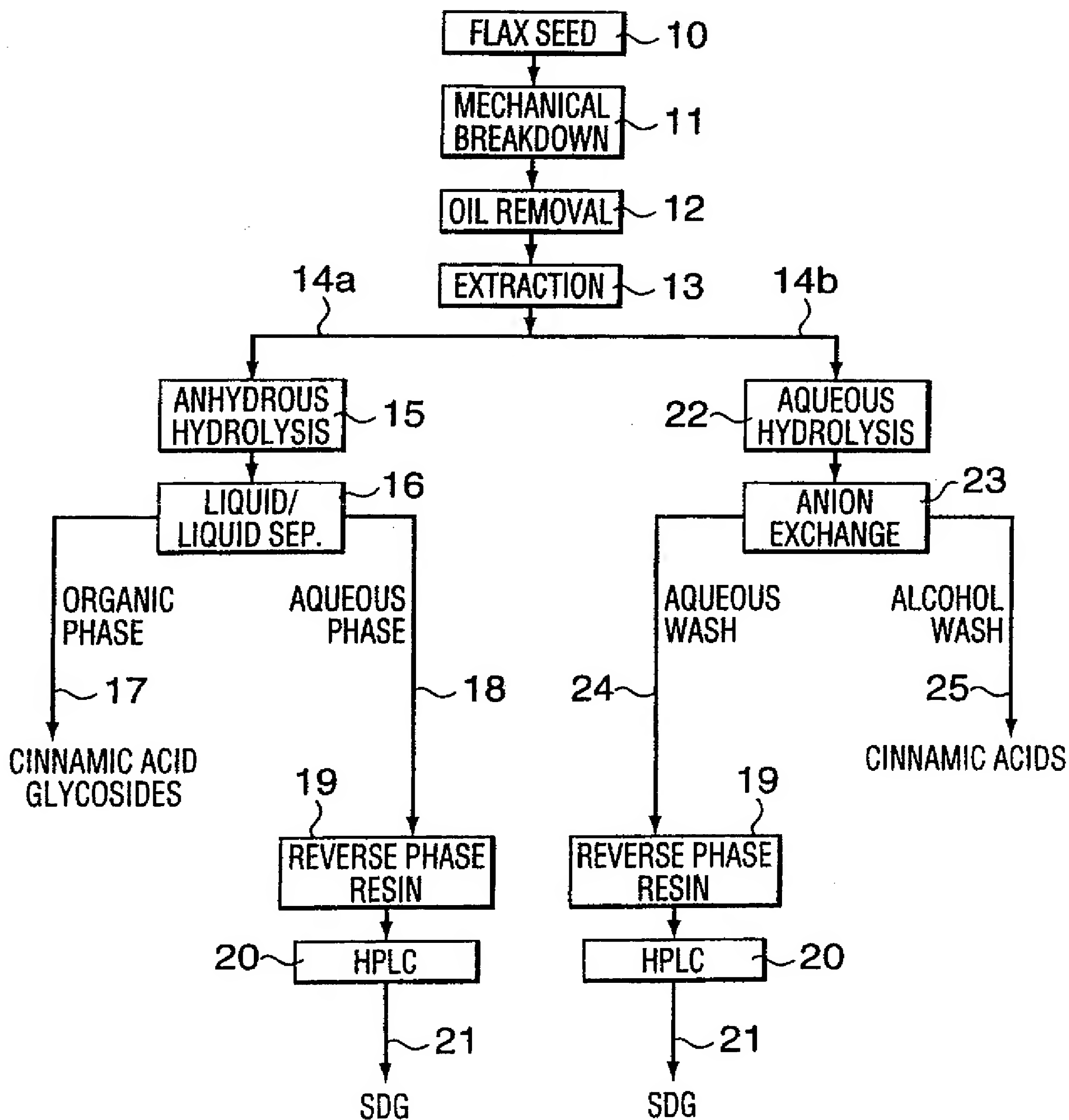
13. A process according to claim 6 wherein a separate product containing cinnamic acid glycosides and other cinnamic acid derivatives is removed in the ethyl acetate fraction.

5 14. A process according to claim 10 wherein after the resin is eluted with water to elute the SDG, it is further eluted with a dilute acid to remove a separate product containing glycosides of cinnamic acids and other cinnamic acid derivatives.

10 15. A process according to claim 9 wherein the aqueous base hydrolysate obtained containing SDG is contacted with a C-18 reverse-phase solid phase extraction resin, after which the resin is washed with dilute acid, e.g. acetic acid, and eluted with  
15 alcohol, e.g. methanol or ethanol to elute the SDG together with some organic materials.

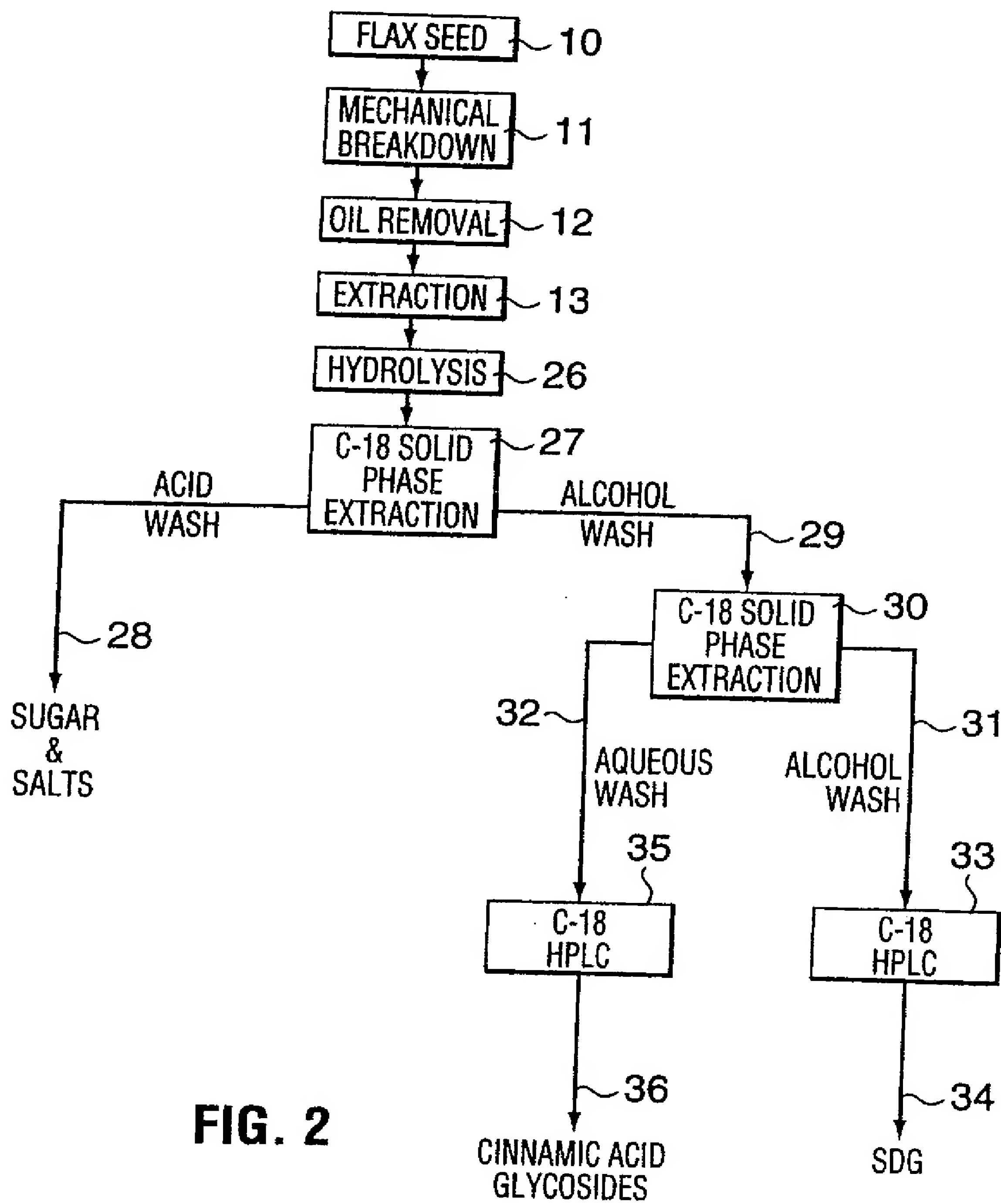
16. A process according to claim 15 wherein the alcohol eluate from the C-18 reverse-phase solid phase extraction resin is further contacted with a C-18  
20 reverse-phase solid phase extraction resin equilibrated in water, after which the resin is washed with water and dilute alcohol, e.g. methanol or ethanol, to recover the cinnamic acid glycosides, and the resin eluted with alcohol or an alcohol water  
25 mixture to recover the SDG.

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**FIG. 1**

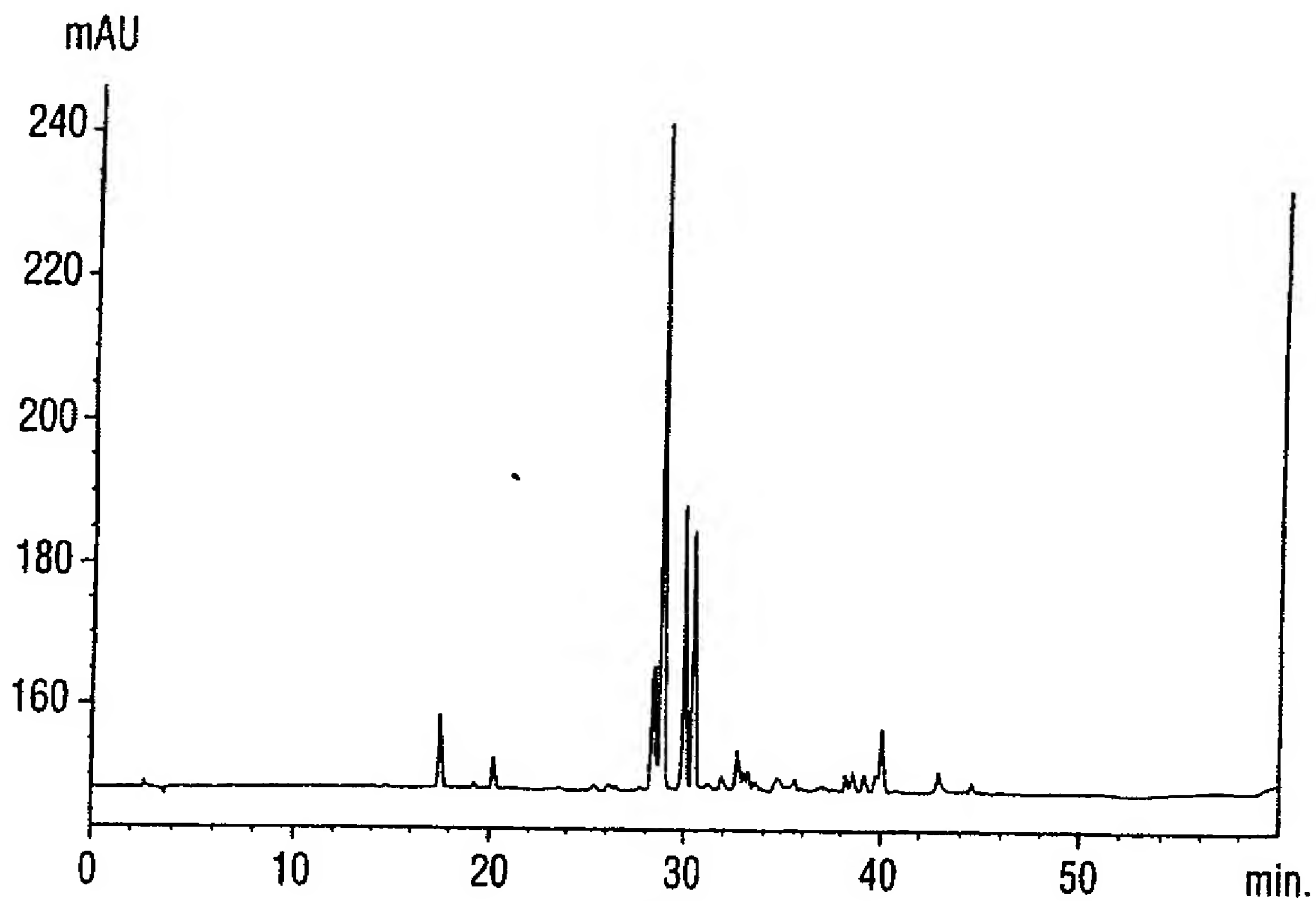
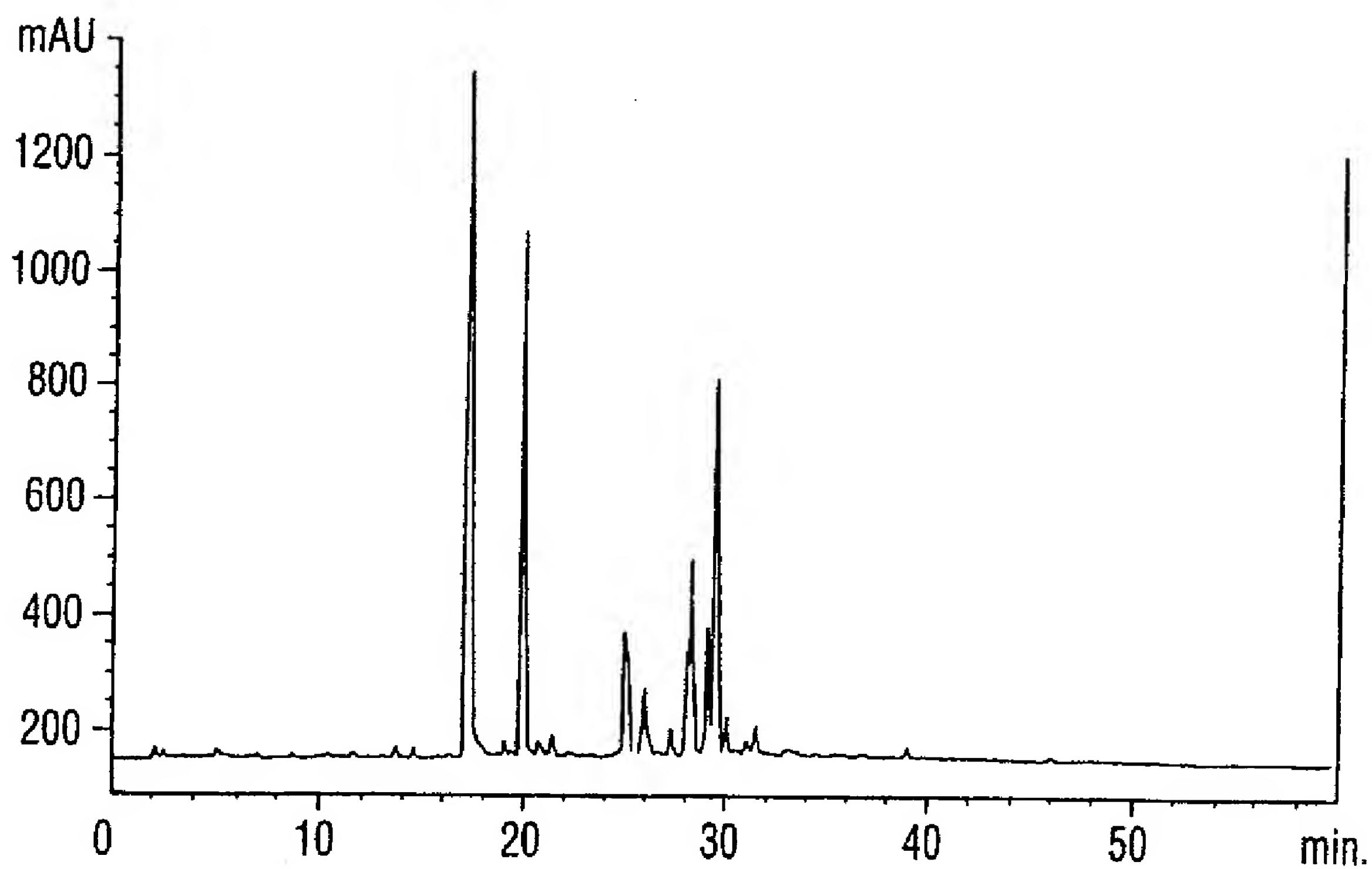
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**FIG. 2**

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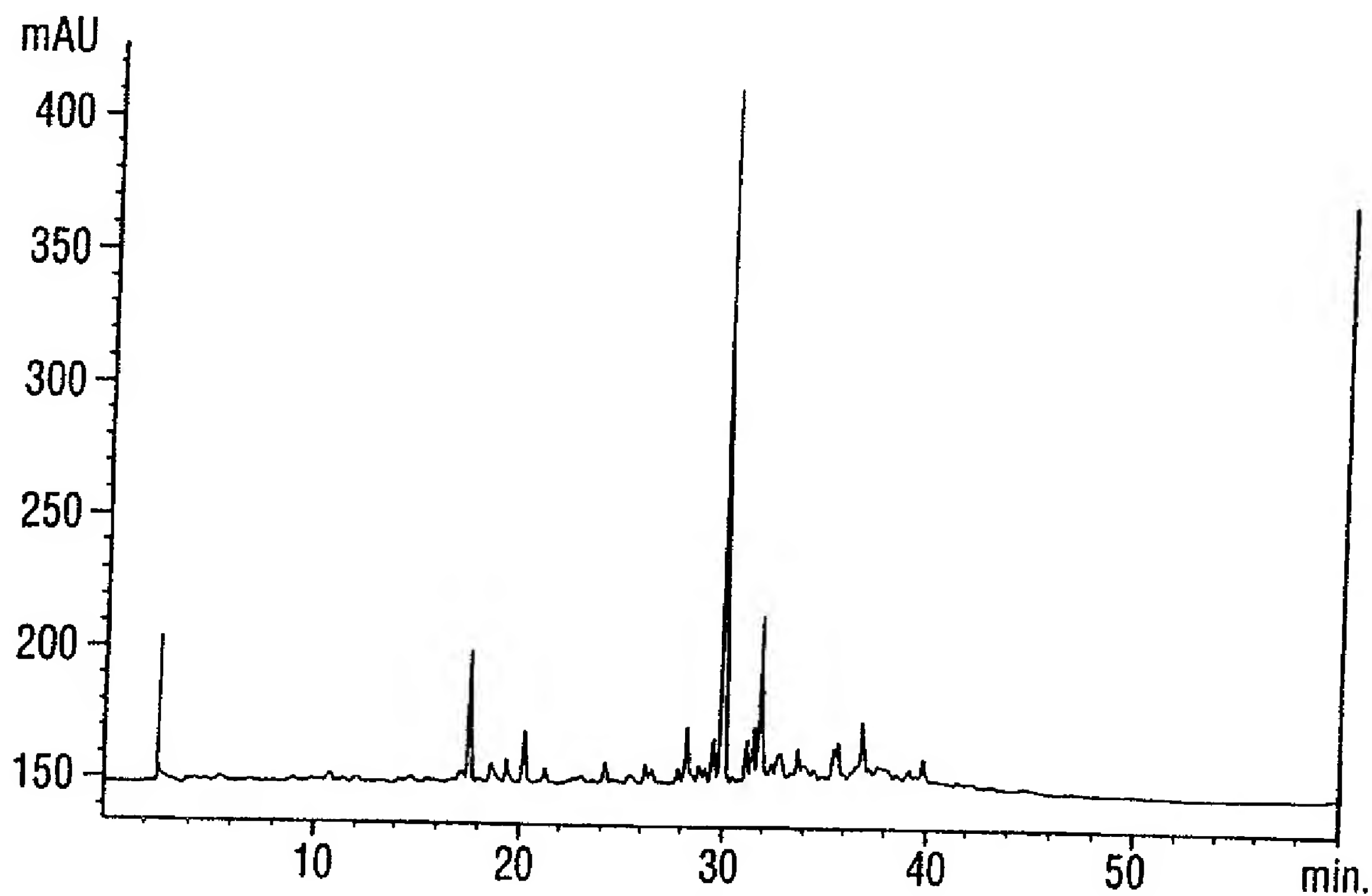
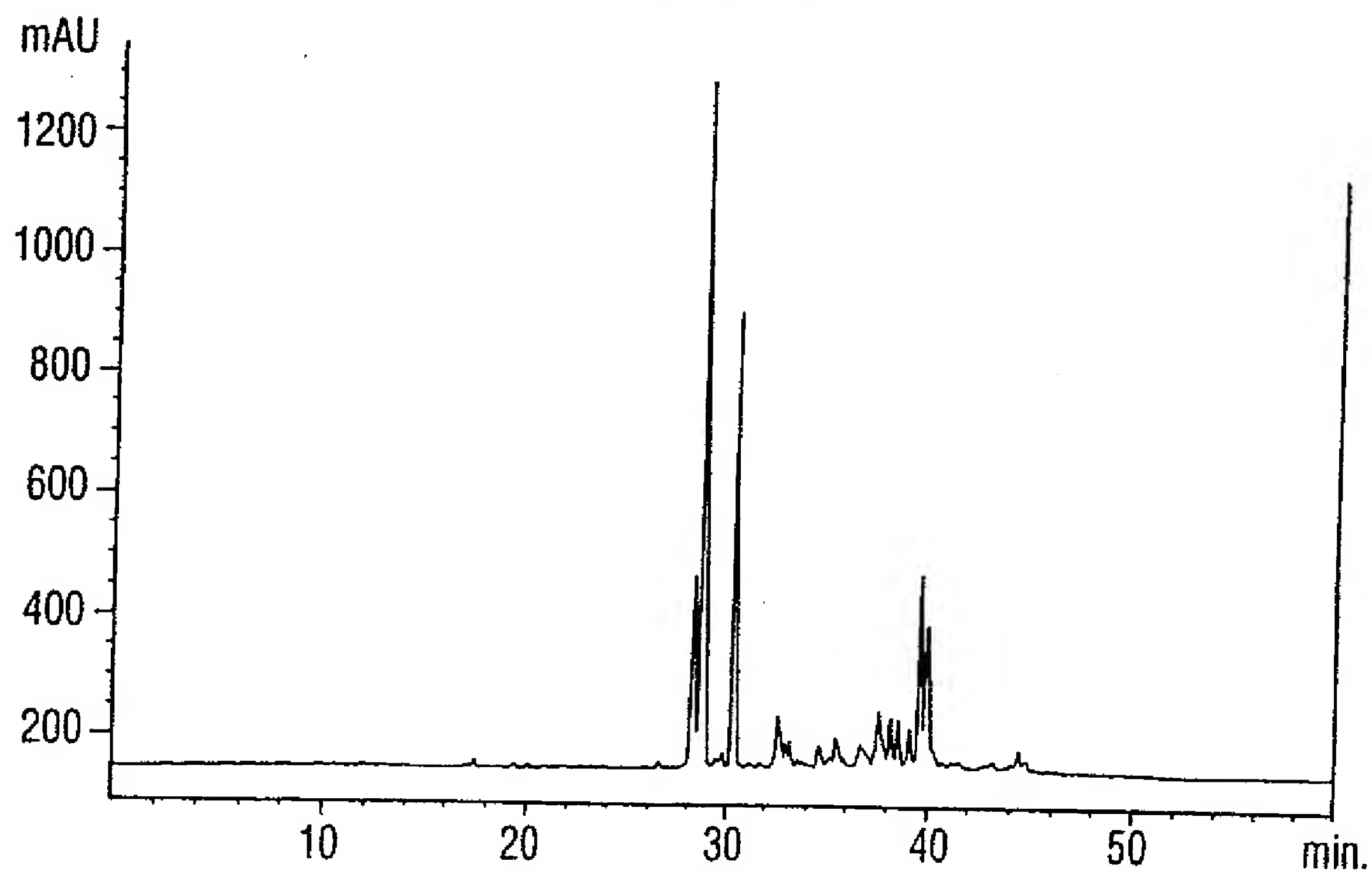
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**FIG. 3****FIG. 4**

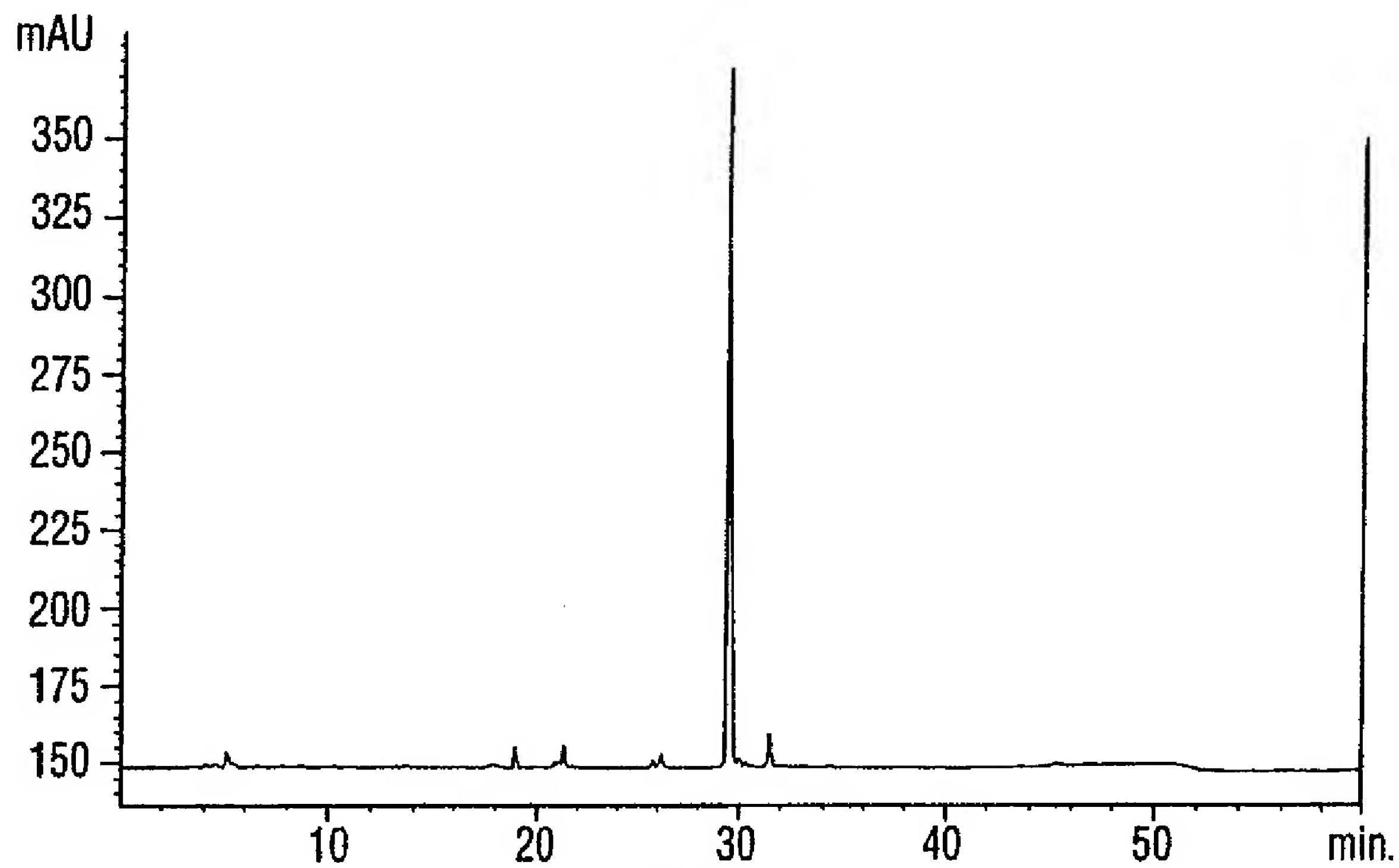
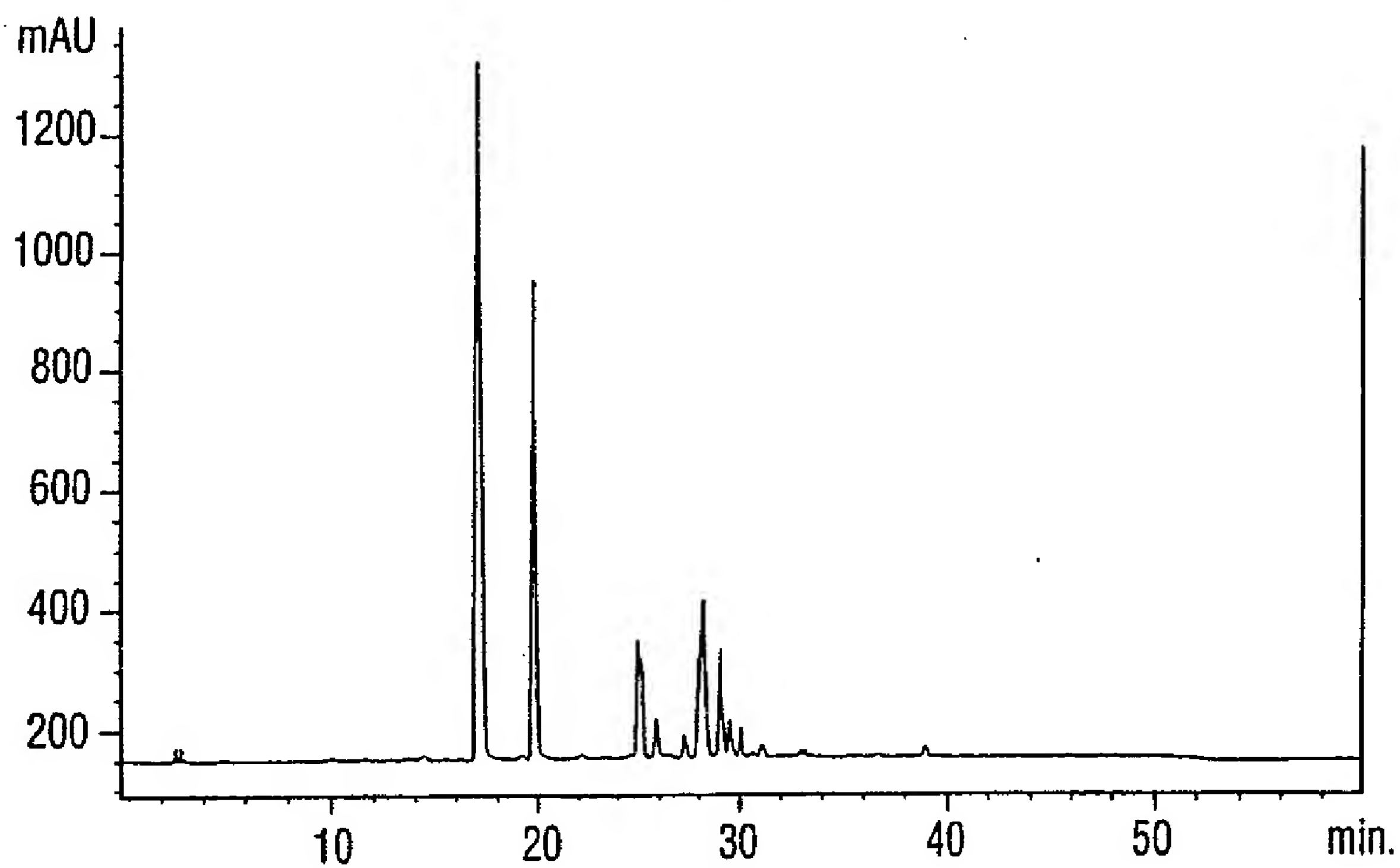
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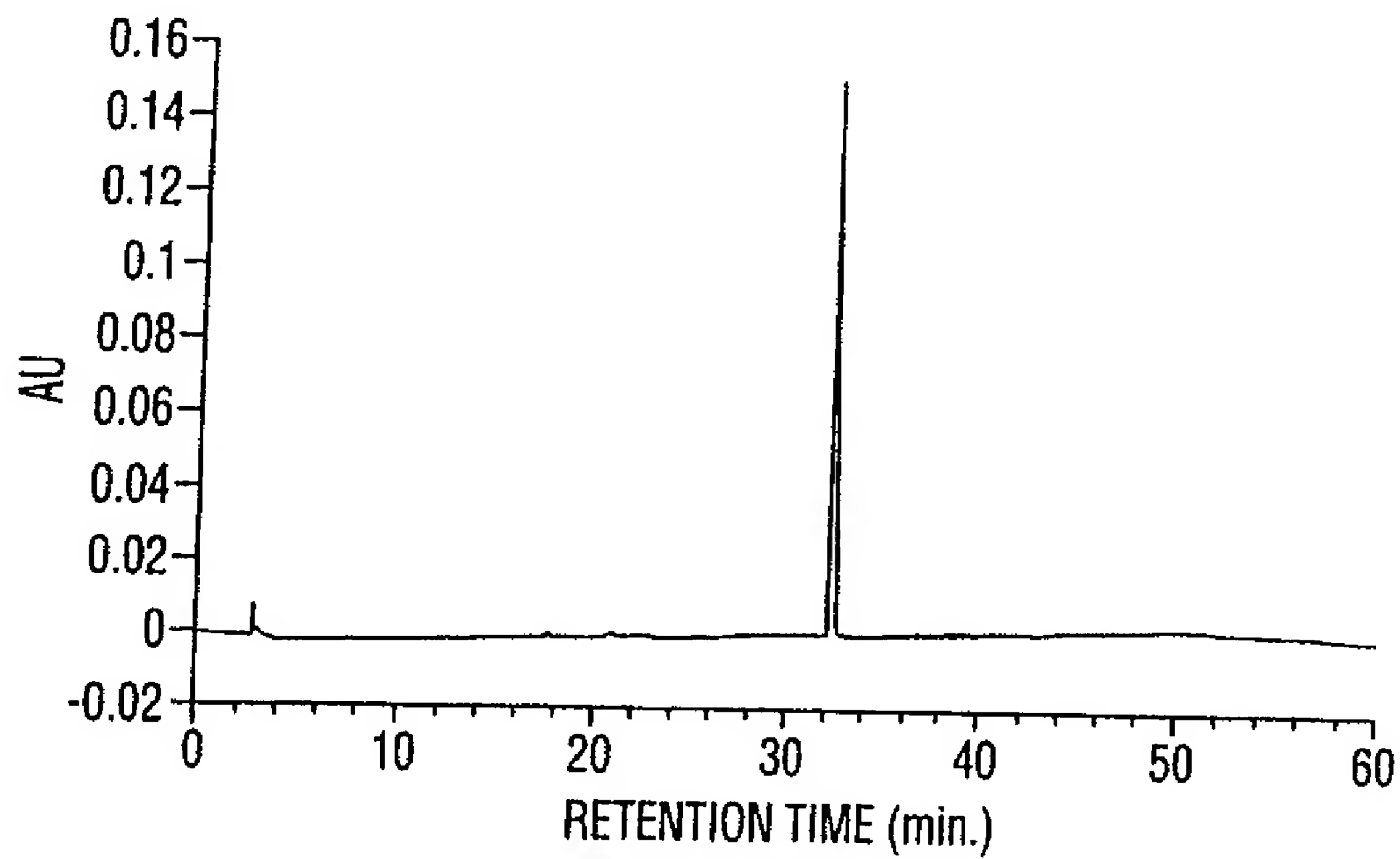
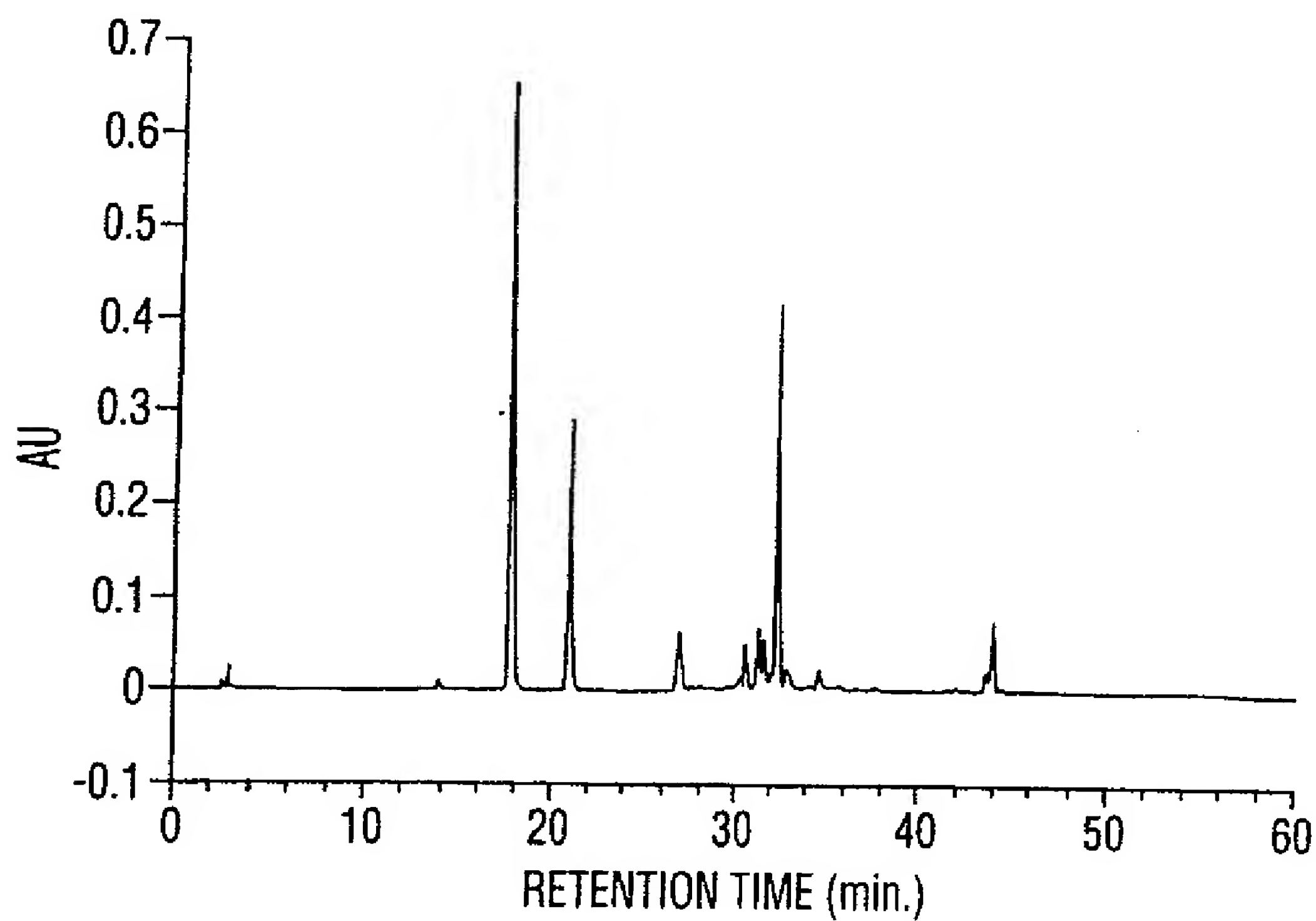
**FIG. 5****FIG. 6**

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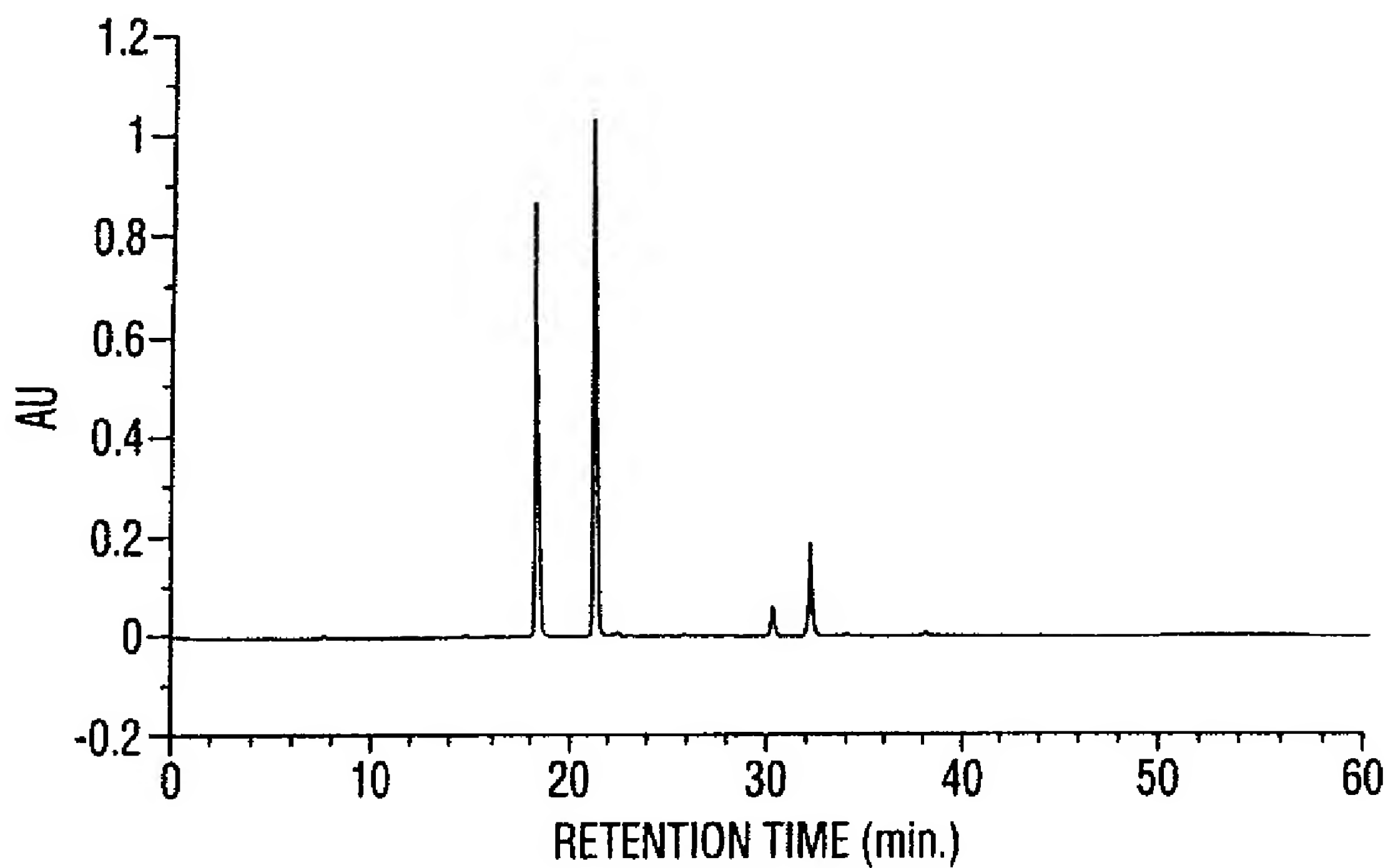
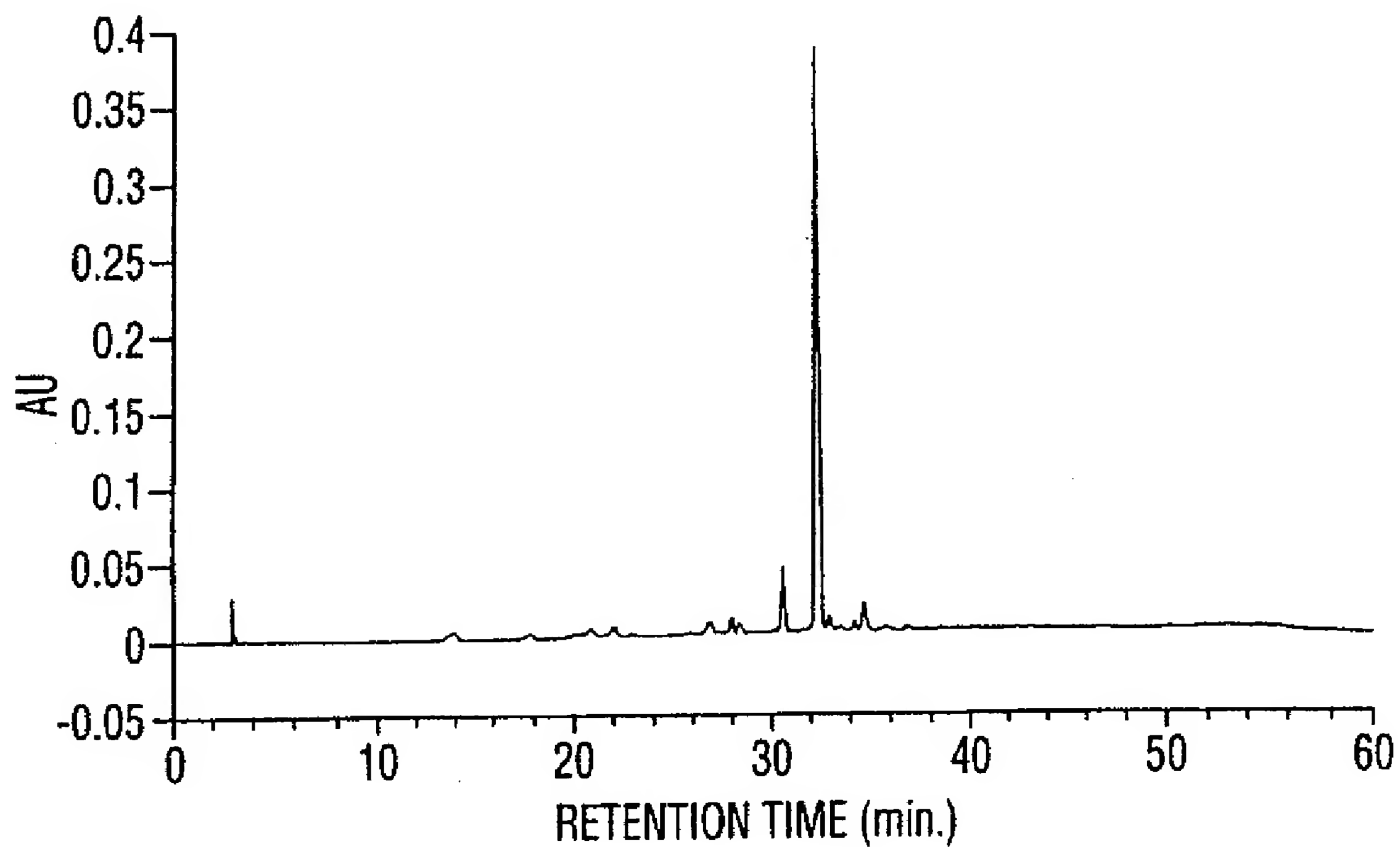
**FIG. 7****FIG. 8**

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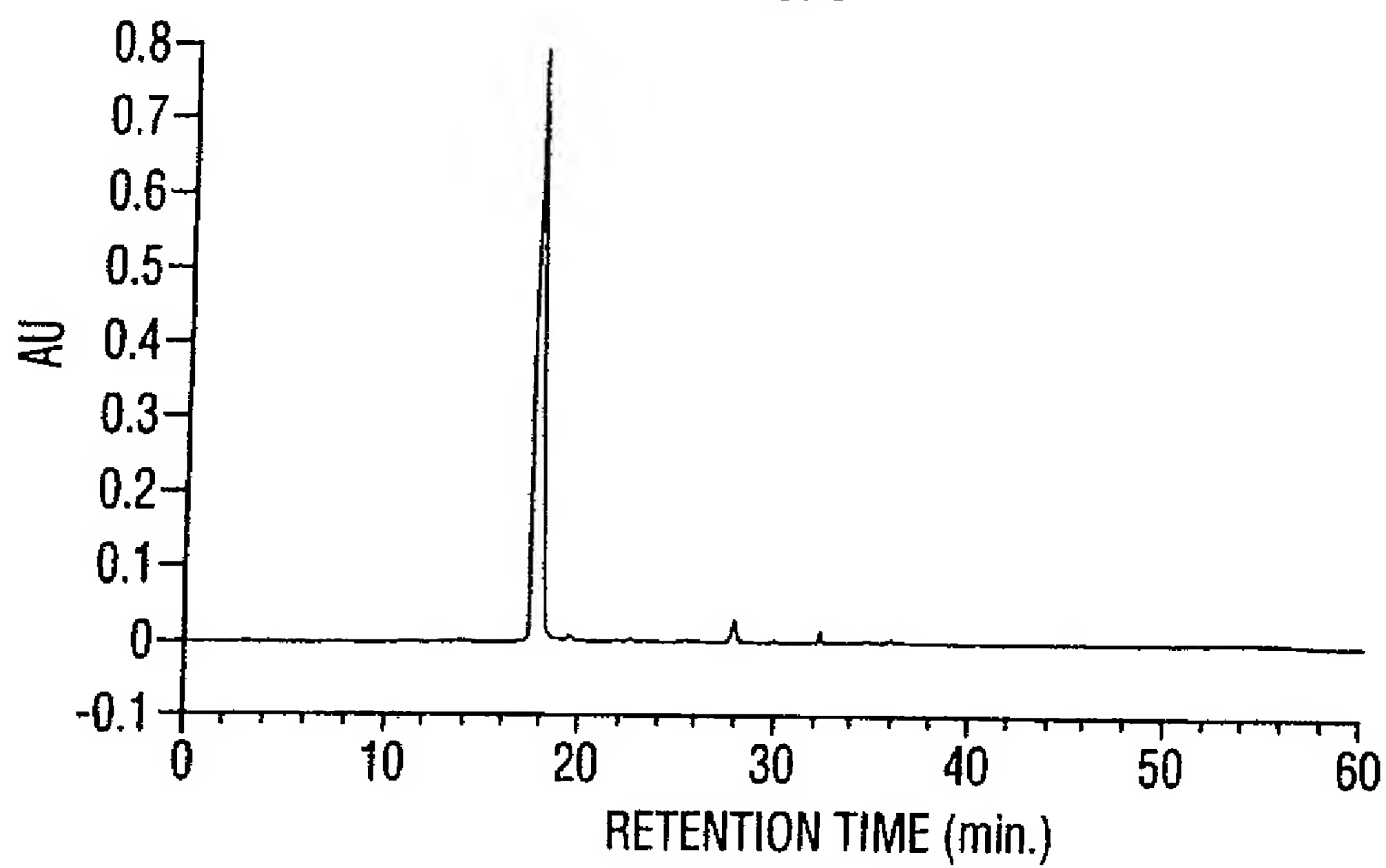
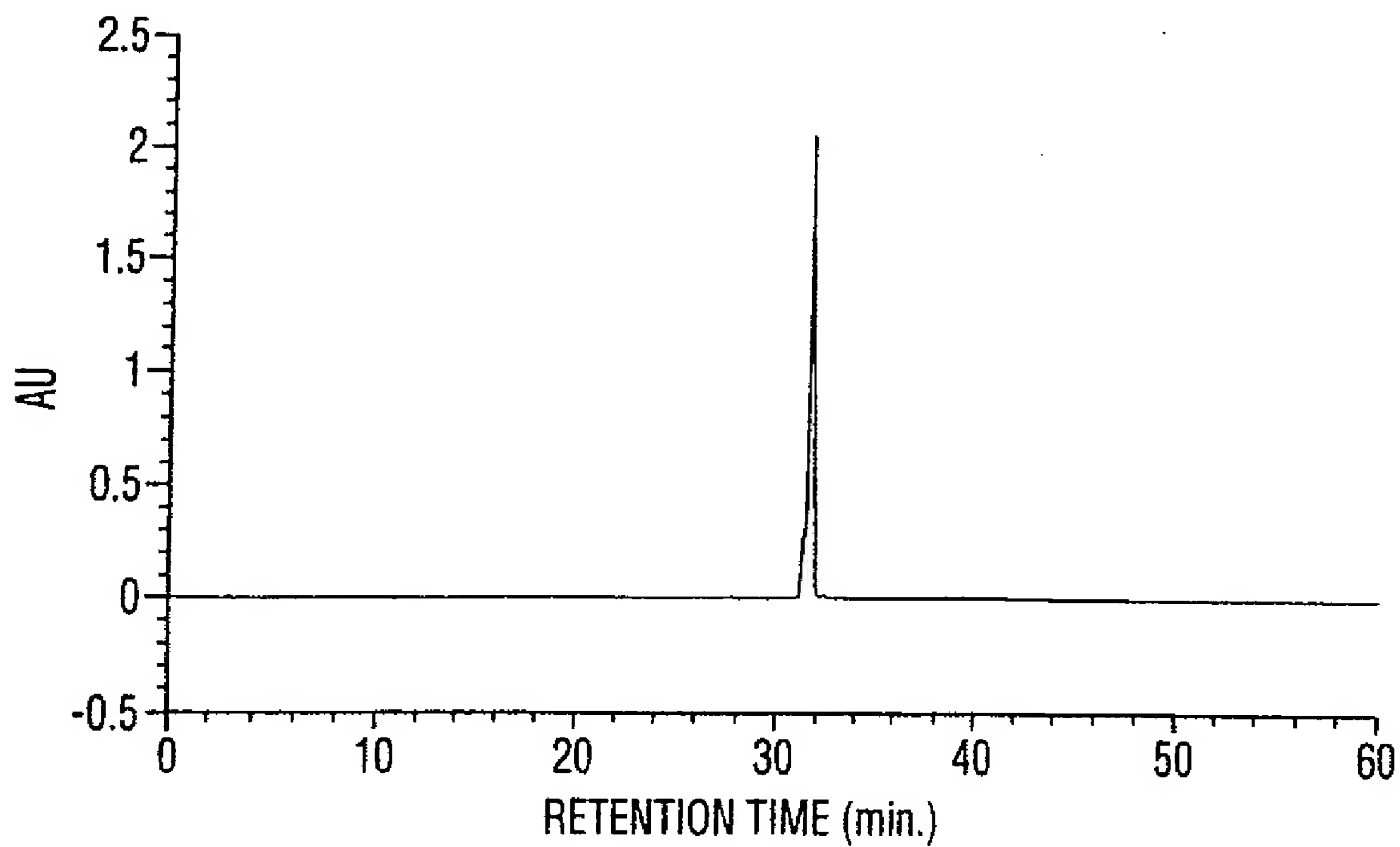
**FIG. 9****FIG. 10**

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**FIG. 11****FIG. 12**

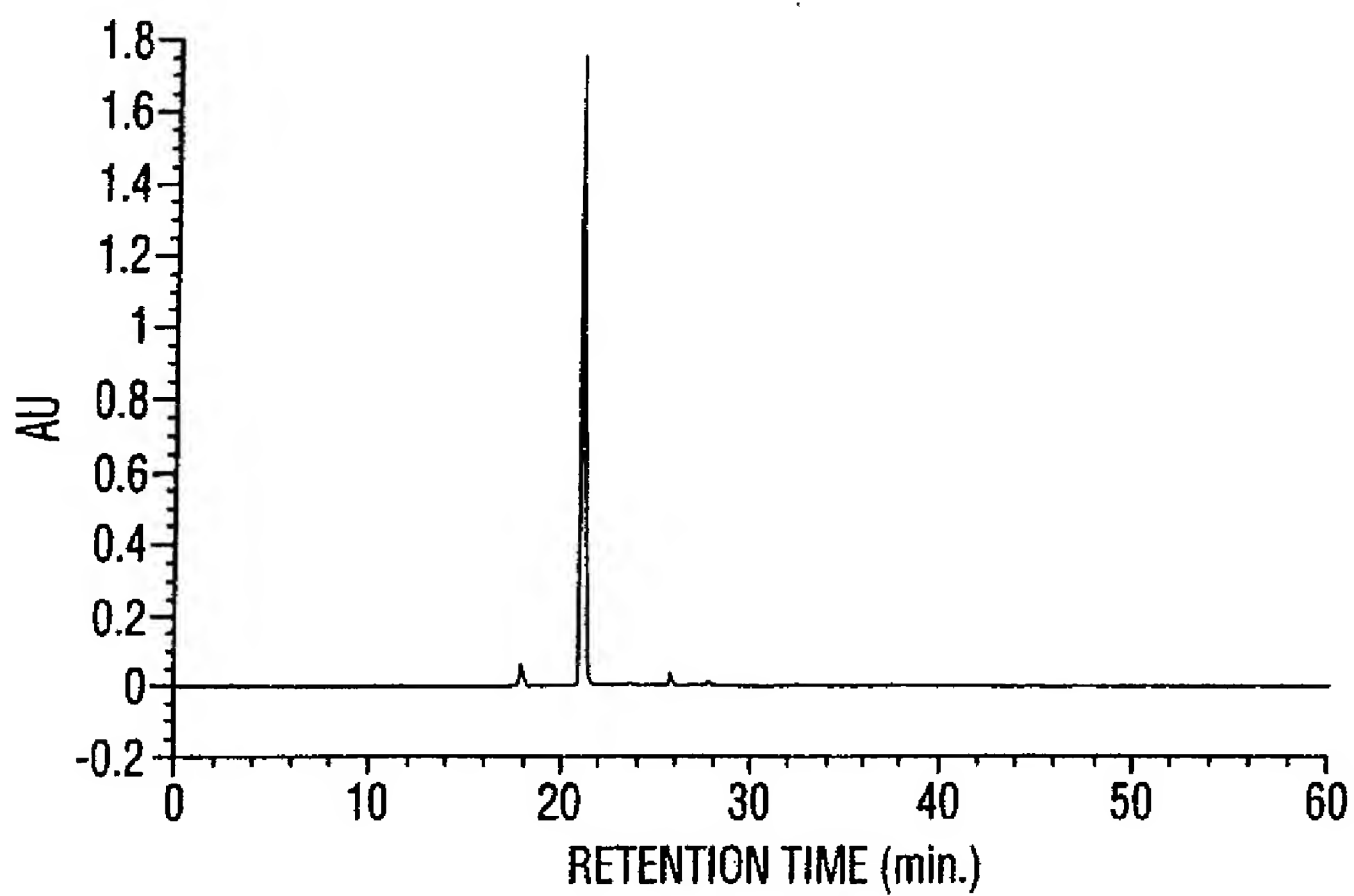
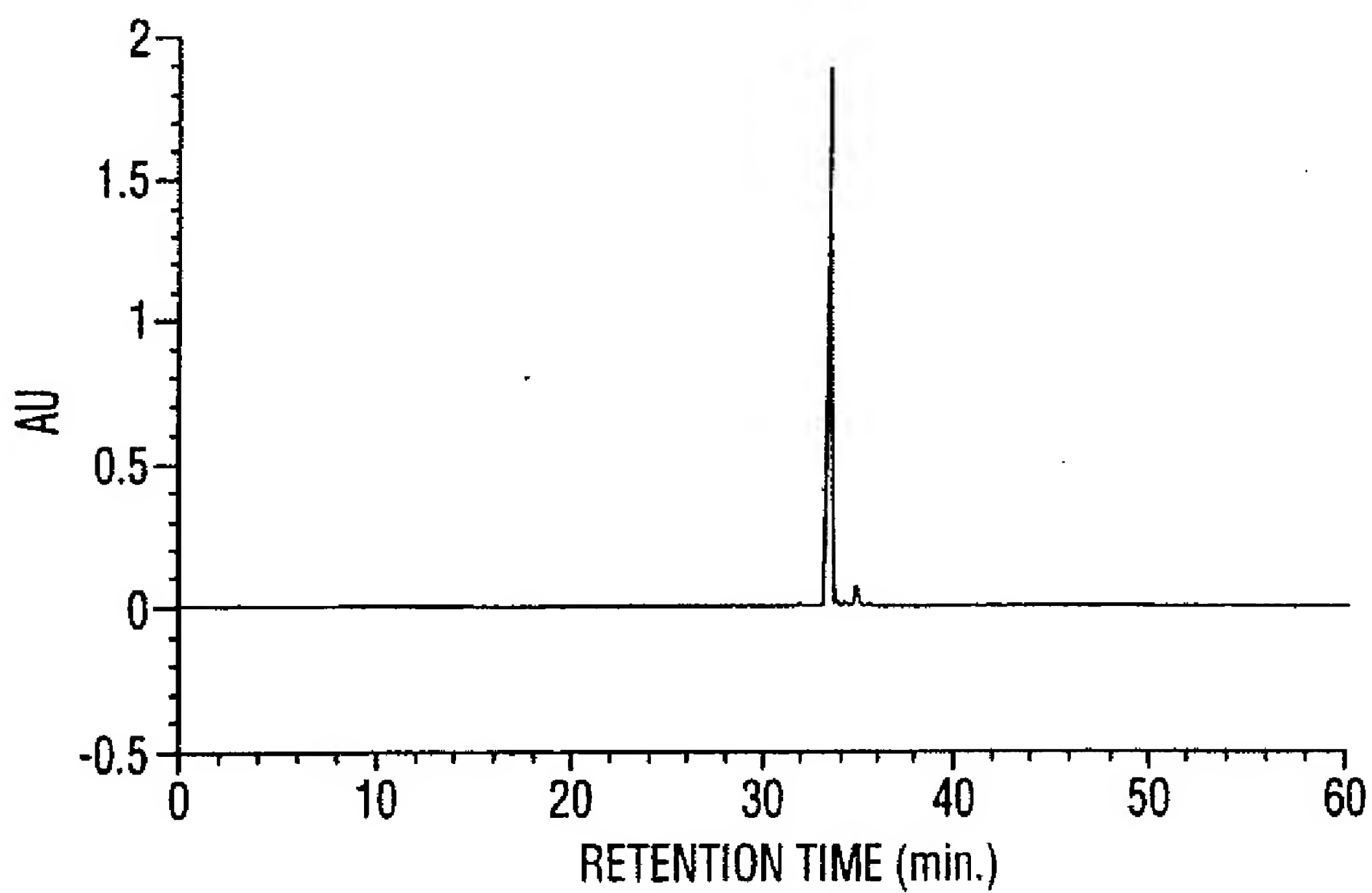
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**FIG. 13****FIG. 14**

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**FIG. 15****FIG. 16**